



Community Services Professional Development Thursday, April 25, 2013

Workshop Program



8:00 am – 8:30 am Registration and Continental Breakfast

8:30 am – 8:45 am ***Welcome and Introduction to the Importance of Getting Around***
Elinor Ginzler, Virginia Thomas, and Nanette Schieke

8:45 am – 9:45 am ***The Effects of Aging on Health, Driving & Personal Mobility***
Barbara Resnick and Timothy Jones

How normal aging can affect health and impact driving ability; age-related conditions that influence driving skills, walking ability, and ability to navigate the travel environment; how a wellness approach supports safe driving; key indicators & complexities of driving; and steps individuals can take to maintain health & stay safe on the road.

9:45 am – 10:00 am BREAK/Refreshments

10:00 am – 11:30 am ***Assessing Functional Ability & Promoting Driving Longevity***
Deondra Jones, Fran Carlin-Rogers, and Jennifer Holz

Medical Review Process – how it works & how it can help; how to identify functional decline (warning signs etc) and role of professionals in addressing functional decline that impacts the ability to stay mobile; identifying resources to help seniors adapt to health conditions and meet their needs, such as CarFit; and identify resources to both family members and professionals working with clients who may be in need of transitioning from driving.

11:30 am – 12:30 pm LUNCH

12:30 pm – 1:30 pm ***Considerations for a Personal Transportation Plan & Helping Families***
Virginia Dize, Catherine R. Willis, and Joanne E. Williams

Programs, services & resources to help families & clients as they seek to stay engaged in their communities as they age and need mobility options; identify programs from calculating financial value of car ownership to resources available when transitioning from driving to mobility alternatives; and the abc's of using public transit and the role of mobility management to maximize mobility.

1:30 pm – 1:45 pm BREAK/Refreshments

1:45 pm – 3:00 pm ***Case Presentations of At-Risk Drivers / Discussion of Appropriate Prevention, Intervention, & Resilience***
Elinor Ginzler and Deondra Jones

Presenters for Community Services Workshop

Elinor Ginzler
Senior Director, Cahnmann Center for
Supportive Services
JEWISH COUNCIL FOR THE AGING®
JCA Misler Adult Day Center
Rockville, MD
eginzler@AccessJCA.org

Fran Carlin-Rogers, Senior Transportation
Consultant
Carlin Rogers Consulting
Senior Transportation Consultant & CarFit
Instructor
Orlando, FL
Fcr201@aol.com

Virginia Thomas, President
Maryland Gerontological Association
Baltimore, MD
mdgero@gmail.com

Jennifer Holz, Associate State Director
AARP Maryland State Office
jholz@aarp.org

Nanette Schieke, Chief
Driver Safety Division
Maryland Motor Vehicle Administration
Glen Burnie, MD
nschieke@mdot.state.md.us

Virginia Dize, Co-Director
National Center on Senior Transportation
(NCST) at the
National Association of Area Agencies on
Aging (n4a)
Washington, DC 20036
vdize@n4a.org

Barbara Resnick, PhD, CRNP
Professor, Department of Organizational
Systems and Adult Health
University of Maryland School of Nursing
Baltimore, MD
barbresnick@gmail.com

Catherine R. Willis, Director
Queen Anne's Co Department of
Community Services
Centreville, MD
cwillis@qac.org

Timothy Jones OTR/L, CHT, CDRS, CDI
Rehabilitation of Frederick
Frederick, MD
Ottjones1@yahoo.com

Joanne E. Williams, Director
Baltimore County Department of Aging
Towson, MD
jwilliams@baltimorecountymd.gov

Deondra Jones, Division Manager
Driver Wellness & Safety
Maryland Motor Vehicle Administration
Glen Burnie, MD
djones5@mdot.state.md.us